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# The Czech Book: Recipes And Traditions



## Synopsis

Dedicated to the Czechs in America, this book contains scores of Czech recipes, lists Czech festival dates and sites, and gives brief info about Czech folk arts and history.

## Book Information

Paperback: 60 pages

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

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## Customer Reviews

I remembered seeing this slim red book in my mother's Czech-American kitchen and just had to get a copy for myself - after all, it's the source of our favorite childhood treat, Czechoslovakian Sugar Cookies (p.55)! Rich and buttery with a slick coating of confectioners sugar, these cookies aren't like anything else - and you won't find the recipe anywhere else, either! In addition to containing recipes for such classic dishes as Czech Sauerkraut, Liver Dumpling Soup, Bohemian Rye Bread, Kolache and all manner of poppy-seed desserts, the book also includes short sections on Czech history and traditions. Published in 1981, much of the historical information is now vastly out-of-date, but it still provides an interesting look at Czech and Slovak culture - particularly from the perspective of Czech immigrants to the United States (compiler Pat Martin is credited as the 'coordinator of the Czech village Association of Cedar Rapids, Iowa, so there's a definite mid-Western emphasis). The book contains a few color photos and several black and white pictures and illustrations.

Well written with informative content.

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